

SUMMER MENU

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	spicy bean enchiladas (W)	Chilli con Carney with taco shells (W)	Seasoned chicken drum stick	Sausage and mash with onion gravy	Tex-Mex burger (D) (W)
Main Vegetarian Dish	Jacket potato with bean or cheese (D)	Sweet and sour Quorn	Summer Spanish omelette (E) (D)	Veggie sausage rolls (W)	veggie burger (D)
Starchy Dish	Savoury herb died potatoes	Steamed rice	Roasted garlic potatoes	Mashed potato	Spicy potato wedges
Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad
Bread	50/50 bread (W)	Bloomer (W)	50/50 (W)	Garlic bread (W)	50/50 bread (W)
Dessert	Fruit selection or cheese & biscuits (D) (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (D) (W) or fruit yoghurt (D)	Special pudding of the week	Fruit selection or cheese & biscuits (D) (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (D) (W) or fruit yoghurt (D)
Drink	Water	Water	Water	Water	Water

ing: 1st November, 22nd November, 13th December; Wherever possible, all food is homemade on site from local, British ingredients
 ary School is a nut-free and sesame seed free school. We use locally sourced ingredients when available and in season. We aim to provide special dietary requirements including allergens and intolerance. We
 reducing salt and sugar by using reduced salt and sugar at all times.
 , **(E)** - Eggs, **(W)** - Wheat, **(C)** - Chickpea