

John Keats
Primary School

JK News

Friday 9th February '24



Dear Parents/Carers,

Incredibly, this week marks the halfway point of the academic year! The progress that the children have made so far is incredible: we can't wait to see what they get up to for Spring and Summer Term! Today, the whole day has been an incredible celebration of Lunar New Year, which starts tomorrow. As well as ribbon dancing, story telling and art workshops, the children were treated to a Chinese meal for lunch. It was great seeing the children throw themselves into their activities and celebrate the different cultures that make up John Keats' community. We've also loved welcoming in lots of parents for independent learning projects, exhibitions and banquets. We really appreciate the hard work and efforts of all the students and staff to showcase this work. We're also very grateful to you for coming to see their achievements. As we approach the end of the Half Term, please see page three for further information of the upcoming dates and events taking place after the holiday. We're really excited for everything we've got coming up, and to see you at 8:45 on Monday 19th February. We hope you have a lovely break!

Mr Jack Taylor
Deputy Headteacher

Nursery



“

We have had an amazing week in nursery. We really enjoyed our trip to the Unicorn theatre to see the Three Billy Goats Gruff. The children represented our school really well and joined in with the actions and songs in the show. We have also really enjoyed our Chinese New Year well being day learning the stories related to the festive and ribbon dancing.

After the holidays we will be looking at how things grow. We will be enjoying the story of Jack and the Beanstalk.

Reception have had a lovely week! We have been learned about Chinese New Year, the story of the zodiac race, how people celebrate the lunar new year and have had amazing fun celebrating with a whole wellbeing day! Thank you to all the adults who were able to come to our Arctic exhibition. If you were not able to come, reception will have a bake sale at the end of the next half term which you are invited to attend.

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Reception



Next half term we will be learning about growing and will be begin reading Jasper's Beanstalk.

Year 1



“

What a fantastic half term Year 1 have had! We have been so busy writing our diaries this week and sharing them with our classmates. Today we celebrated Lunar New Year with ribbon dancing, lantern decorating and a storytelling workshop. Reminder that children have PE on a Tuesday and Wednesdays so please can you ensure they wear their PE kit, this is so they are comfortable and warm. If your child brings a packed lunch to school, can we make sure they have a proper sandwich, pasta or rice and please no chocolate. This will only make them tired in the afternoon. Thank you.

If you could keep a diary for the half term this would be great to keep practicing writing a diary.

We've had a really great final week before half term, and have been working so hard! We finished our big writes and published our instructions on how to grow carrots. We have been learning different methods of division in maths and have been making connections with our multiplication learning. In art, we finished our collages which look amazing and are so colourful. We ended the week with our wellbeing day, celebrating Lunar New Year. We learned how to ribbon dance and learned traditional chinese stories about Lunar New Year.

Next term PE will take place on Friday. Please ensure children come into school wearing their PE kit.

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Year 2



Year 3

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Year 3 have had a fantastic week. In English we finished our Big Writes and were so proud of all the wonderful new descriptive language we used to describe the brave Heracles and the sinister hydra. In Maths we continued to explore the relationship between the 3 and the 6 times tables, using counters to understand more about division through grouping and sharing. We wrapped up our project by producing a delicious Greek Banquet and were so happy to show off all the wonderful things we have been creating this term to our grown-ups.

We are looking forward to our half term break!

Year 4 have had a brilliant week. We have completed our big writes, a diary entry from the perspective of our main character Henry Wood. We had a very successful Roman day where the children presented their work and even baked focaccia! Overall a brilliant week! All children have been given reading records, books, spelling homework and times table homework to do over half term. Please can you ensure that your child completes this and it is brought back to school on Monday 19th February. Thank-you

After half term, PE will be on Thursdays only. Please could all children wear their PE kits on this day. We will be beginning our new project which will have a geography and science focus. We will also begin working on a huge art project!

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Year 4



Year 5



What a final week of half term! We finished our Maya Project. We learnt so much that we created leaflets of our learning. They were filled with information! We also finished our big writes, writing in the perspective of a different character. We retold chapter 12 of our book and remembered all the key facts, creating mood atmosphere through precise vocabulary. We filled in our KWL boards of all our learning and our question grids. In Maths, we have been looking at short multiplication and division. We looked at the distributive law and partitioned numbers into their tens and ones to make calculations easier. We have finished the week with a fantastic Lunar New Year Well-Being Day. We learnt how to paint using ink and brushes and even took part in ribbon dancing! Thank you so much to everyone who came to our exhibition yesterday. Your support is greatly appreciated!

Have a lovely half term!

Dates for your diary:

Monday 19th February	Return to school after half term
Monday 26th February	Y5 to Nethercott Farm
Friday 1st March	Y5 return from Nethercott Farm
Thursday 14th March	Well-Being Day: Neurodivergence
Monday 25th March	Values Award
Wednesday 27th March	LAMDA Exams
Thursday 28th March	Spring Fair 1pm Finish for Easter Holidays

Attendance:

Blue 3 won our punctuality trophy

Blue 4 won our attendance trophy

Leo in Blue 3 won our 100% book voucher!



What if we let children eat what they want daily?

Some pupils are really struggling with food.

What can we do?

The Pupil Parliament have made a petition to the House of Commons. We want more funding for all primary school children to learn basic cooking skills in primary schools – will you sign it?

We need 10,000 signatures!

[Click this link to sign the petition](#)

Menu

WINTER MENU

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Vegetable couscous	Peri peri chicken wings	Baked fish	Spaghetti & meat balls	Fish finger
Main Vegetarian Dish	Cheese & onion or vegetable puff pastry roll	Baked stuffed Portobello mushrooms	Macaroni in three cheese sauce	Baked potato with baked beans	Vegetable spring roll
Starchy Dish	Roasted potatoes	Fried rice	Mashed potato	Noodles bok choy	Sweet potato fries
Vegetable	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad	Selection of fresh salad
Bread	50/50 bread (W)	Garlic bread (W)	50/50 bread (W)	Garlic and coriander naan bread (W)	Olive and sundried bloomer (W)
Dessert	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Special pudding of the week	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)	Fruit selection or cheese & biscuits (W) or fruit yoghurt (D)
Drink	Water	Water	Water	Water	Water

John Keats' Values Stickers



Y1

Y2

Y3

Y4

Y5

		Rudi, Ramzi	Emely		
			Destiny		Green 2
Ava, Anthony, Amir	Theo, Asha, Tamia				
Isaac Primrose Aiyana Rayyan Myla Millie Kia Melanie Allissan	Alaska Michael Rebecca Esme		Millie	Primrose Aiyana	Kaleb, Leo, Melanie
Jake, Hadley, Olly, Rayyan, Logan, Malique	Jotham, Safiya, Hadley	Olivia-Rose	Olivia-Rose, Amanda	Rioghach, Sana	Rayyan, Isabella



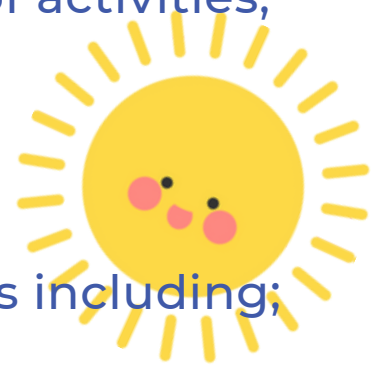
SENsational Stay & Play



Free February Half Term Fun for Autistic Children aged 5-11

Delivered in partnership with SouthwarkAutism Support Team

- Have fun with your child through a range of activities, including arts and craft, games, food play
- Capoeira sessions [More Info](#)
- Meet other families
- Get advice and support on a range of topics including; communication, behaviour, and toileting



Thursday 15th February 2024 10-3pm
DulwichWood Children's Centre
Lyall Avenue , London SE21 8QS

Places are limited, please register
your interest via :
<https://forms.office.com/e/1uHcNtR8mh>
Or scan QR code



Looking for things to do with your children over half term?

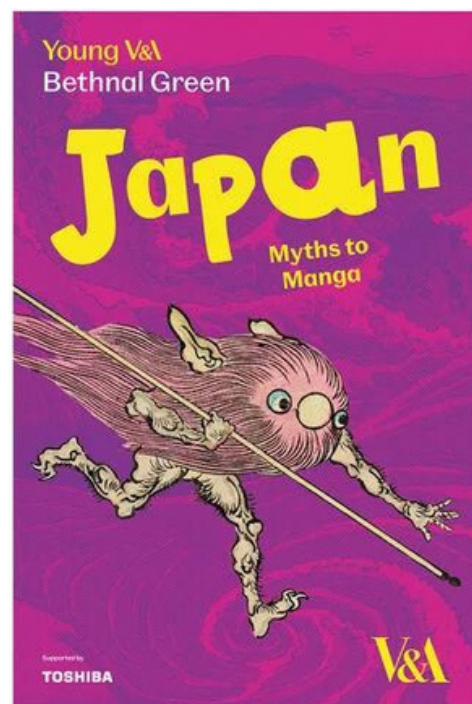
Free and reduced price tickets for families with a lower income.

MOUNTVIEW

CREATIVE CLUB (AGES 4-9)

18 FEBRUARY - 24 MARCH, 1-3PM

Creative Club is a mixed arts club that offers young kids a unique opportunity to broaden their horizons. Our programme is designed to promote creativity and interpersonal skills by exploring a range of art forms such as painting, crafts, performance arts, play and cooking. Over six weeks, participants will have a chance to immerse themselves in various creative activities and develop their skills in a fun and engaging environment.



Reduced price tickets from as little as £3 per person

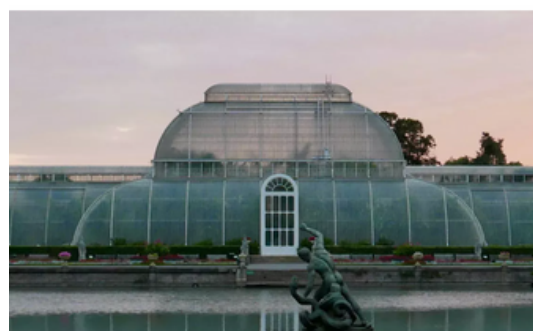
Universal Credit Tickets to London Zoo

[BOOK UNIVERSAL CREDIT TICKETS](#)

[INFORMATION FOR ORGANISATIONS](#)

Kew for one pound

RELEASE DATE: 10 JANUARY 2022



Healthy packed lunch tips: A simple guide to support families

This guide complies with school food standards and offers tips on how to build a packed lunch on a budget, as well as suggestions on how to make lunches more inspiring.



**HEALTHY
ZONES**

One portion of whole grains & one source of protein:

- Three bean pasta salad
- Jollof rice
- Rice & peas
- Roast chicken sandwich
- Cheese quesadilla
- Wholemeal pitta and hummus
- Chicken salad
- Vegetable noodles
- Chickpea and potato curry
- Pitta pizzas
- Tuna and pasta salad
- Cheese roll ups
- Soup and crackers
- DIY Tacos
- Black bean burger
- Roast plantain wedges
- Salmon and cream cheese bagel
- Lentil and sweet potato dhal
- Tuna and bean salad
- Ham and cheese sandwich
- Chickpea and vegetable wrap
- Roast vegetable and turkey pasta
- Potato and cauliflower curry
- Cucumber and hummus wraps



At least one portion of vegetable & one portion of fruit:

- Bell pepper
- Carrots
- Celery
- Peas
- Corn
- Broccoli
- Cherry tomatoes
- Kale crisps
- Salad
- Cucumber
- Cauliflower
- Spinach
- Courgette
- Green beans
- Beetroot
- Radish



One snack:

- Grapes
- Apple
- Small bag of popcorn
- Banana
- Pear
- Small pieces of cheese
- Orange
- Papaya
- Crackers
- Pineapple
- Apricot
- Low sugar yoghurts (check label)
- Cherries
- Melon
- Food label is green
- Mango
- Malt loaf
- Raspberries
- DIY fruit crunch pots
- Strawberries
- Brown, plain rice cakes
- Blackberries
- Dried fruits (sultanas, raisins)
- Dried fruit
- Edamame beans
- Tinned fruit (not in syrup)



Lunchbox ideas and recipes: www.nhs.uk/healthier-f

Tips to make a balanced packed lunch:

- Pick a main that includes wholegrain & protein, a selection of fruit & vegetables, one snack and water.
- Ensure fruit and vegetables are always included in a packed lunch.
- Choose wholegrain (bread, pasta, rice) as increased fibre will keep your child fuller for longer.
- Swap out sugary fruit juices, smoothies & fizzy drinks for water, or add fresh fruit to water such as strawberry, oranges or lemons.
- Replace crisps, cheese strings, cookies and sweets with some of the healthier snacks suggested.

Tips to create a healthy packed lunch on a budget:

- Keep different types of wholegrain bread products in the freezer so you have a variety of options that will last longer – bagels, pittas, sliced loaf, wraps.
- Use leftover veg/roast meat from the day before to make cold pasta salads or sandwiches.
- Buy tinned fruit in juice (not syrup) and frozen/tinned vegetables - they are just as nutritious!
- Buy a steel water bottle for your child rather than using disposable plastic water bottles - it's better for the environment and saves money in the long run.

Tips to help your child enjoy packed lunches:

- Involve your child with making their lunch - cutting the fruit/veg or adding salad to their wrap (do it the day before and squeeze some lemon on the fruit to keep it fresh).
- Dipping foods are fun for kids and a happy change from a sandwich every day. Provide a low fat dip such as hummus or tzatziki so they can dunk their carrots or peppers.
- Taste the rainbow - try a variety of different fruits and vegetables for a visually fun packed lunch.
- If you have the time, try cutting fruit and vegetables into shapes.





BEAVERS

6-8 years

Make friends and try new indoor and outdoor activities

Monday 17:30 - 19:00

cubs

8-10½ years

Learn practical skills while having adventures with friends

Friday 17:30 - 19:00



SCOUTS

10½-14 years

Build confidence, resilience and a sense of adventure

Friday 17:30 - 19:00

Scouts 2nd Deptford



Visit
2nddeptford.org.uk/join
for more details

Or call **0843 289 5142**

We meet at:
Ron Hoskins Scout Hall
48-52 Childers Street
Deptford
SE8 5NU

**Do more.
Share more.
Be more.**

#SkillsForLife

Scouting is for adults too...

Volunteering is great fun and doesn't mean making a regular commitment



Take our 4 week challenge!



1: Come along and see what we get up to

2: Start to help out



3: Get a little more involved - maybe run a game or activity

4: Decide if scouting is for you



Scan the code with your phone camera to find out more (young people and adults)

Visit 2nddeptford.org.uk/join or call us on **0843 289 5142**



Southwark Children and Family Centres
Peckham, Peckham Rye and Nunhead

INCREDIBLE YEARS AUTISM PROGRAMME

The Incredible Years Autism Programme offers great strategies for promoting children's language skills, school readiness, emotional self-regulation, social skills, empathy, and building positive relationships. It provides evidence-based strategies for parents and carers to enhance their parenting confidence and understanding of the valuable role that they play in promoting their children's development.

Starting Wednesday 21st
February 2024 10am -12pm,
every Wednesday for 14
weeks

Book your place

02038485780

Childrenscentre@ivydale.
southwark.sch.uk

Rye Oak Children & Family Centre
Whorlton Road SE15 3PD

