






Summer 1: How do we organise ourselves?		
Driver: Science		
Outcome: How Do We Live Healthily?		
<b>Core Text:</b> How Did That Get In My Lunchbox  The Sandwich Cookbook for Kids <a href="https://docs.google.com/document/d/1BJQpjl5u2r64ZlQqn8WcUJPPMFpCxAMPX/edit?usp=drive_link&amp;oid=104739396216269545696&amp;rtpof=true&amp;sd=true">https://docs.google.com/document/d/1BJQpjl5u2r64ZlQqn8WcUJPPMFpCxAMPX/edit?usp=drive_link&amp;oid=104739396216269545696&amp;rtpof=true&amp;sd=true</a>		<b>Writing Genres:</b> Narrative re-tell Recount
<b>Key vocabulary</b>		Farmed, grown, lunchbox, healthy eating, food groups, suitability, stitching techniques, money, healthy lifestyle
Sub jects:	Learning Objectives:	Activities
Science: Materials 	I can find out how the shapes of solid objects made from some materials can be changed by squashing, bending, twisting and stretching.	Look at a range of materials Create hypotheses and make predictions about the absorbency of different kitchen paper and disposable cloths Understand that, if a material does not absorb water, it is said to be waterproof Investigate the absorbency of fabrics and the effect of adding a layer of wax crayon Discuss the findings and consider the reasons for fabrics being waterproof Test fabrics for their durability and toughness and consider the everyday usefulness of materials
Design and Technology: 	Understand that all food has to be farmed, grown or caught Use a wider range of cookery techniques to prepare food safely Design purposeful, functional, appealing products for himself/herself and other users based on design criteria	Design a healthy lunchbox thinking about the materials needed to make a lunch box of our own Follow recipes in cook book Prepare different sandwiches and make flap jacks
Art and Design	Develop techniques to join fabrics and apply decorations such as a running or over stitch Experiment with basic tools on different materials,	Create a handle/ bag for lunch boxes and attach together using a basic stitch
PSHE 	Healthy eating and keeping fit: What food is healthy and that too much or too little food can be unhealthy Healthy people: Learn about exercise and what makes places healthy Begin to learn how to make real, informed choices that improve their physical and emotional health Learn about the mental and physical benefits of an active lifestyle Understand the importance of building regular exercise into daily and weekly routines and how to achieve this Risks associated with an inactive lifestyle Living in the wider world: Money and shopping	Take part in different physical activities and understand their benefits Know which adults they can speak to about their health Make a log of how to have a healthy lifestyle and include into a child's daily plan Sorting foods into healthy and unhealthy Think about how to change our daily and weekly timetables to include more exercise or down time Look at a range of foods and think about which are good for our bodies and which are not  Create online shopping list on supermarket website to purchase ingredients
<b>Action/Exhibition:</b>		
Action: Suggest new ideas for a healthy school trip packed lunch- present to school council/SLT		
<b>Trip ideas</b>		Trip to a farm- Spitalfields city farm (£70 per class for a guided tour on farming/sustainability <a href="https://www.spitalfieldscityfarm.org/school-visits">https://www.spitalfieldscityfarm.org/school-visits</a> ) Visit to a supermarket to buy ingredients for healthy lunchboxes
To be taught in a block and evidenced through floor books		 <b>RE: Sacred Texts: Christianity and Festivals:</b> Who were the people of the Old Testament   <b>Computing: Programming B</b> – An introduction to quizzes