

# SPRING MENU 2021 – WEEK 1

## John Keats Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meat or Fish Dish	Three Beans Chilli Meatballs	Tuna Pasta Baked	Peri Peri Chicken	Irish Beef Stew	Fish Fingers
Main Vegetarian Dish	Vegetable Goulash	Jacket Potato with Beans & Cheese	Vegetable Paella	Roast Vegetable Pasta	Quorn Dippers
Starchy Dish	Basmati Rice	Garlic Bread	Sauté Potato	Mashed Potato	Chips
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad
Dessert	Fruit Salad	Orange Jelly	Honey Melon & Cranberry Fruits	Apple Crumble	Ice Cream
Fruit	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt
Drink	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water

Fresh Soup with Crusty Bread Available On Some Days