

SPRING MENU 2021 – WEEK 2

John Keats Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meat or Fish Dish	Spaghetti Bolognese	Chicken Paella	BBQ Chicken	French Lamb Casserole	Hot Dog
Main Vegetarian Dish	Tuscan Bean Stew	Aubergine Gratin	Vegetable Wraps	Vegetable Curry	Vegetable Spring Rolls
Starchy Dish	Boiled New Potato & Herb	Mac & Cheese	Spaghetti in Basil/Tomato Sauce	Spiced Rice	Chips
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad	Selection of Fresh Salad
Dessert	Poached Pear	Fruit Salad	Strawberry Jelly	Mixed Grapes	Ice Cream
Fruit	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt	Fruit Selection or Cheese & Crackers or Fruit /Yoghurt
Drink	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water

Fresh Soup with Crusty Bread Available On Some Days